



**Instructions for Pairing Wireless Scale Pads**  
**PROFORM Part no. 67644**

NOTE: You will need a paper clip.

1. With everything off, press and hold the "Function" "Zero" and "Power" buttons simultaneously, until 0000 appears in the upper left-hand corner of the display box. After you see this, release all buttons.
2. Press and release the "Function" button until you see "OPT Pair" at the bottom of the display box.
3. Press the "Backlight" button one time, and it should show "Pair FL." In this stage of the pairing, you can shuffle through scale pad locations by pressing the "Function" button multiple times.
4. Now, turn on the FL pad (or corresponding pad that is being paired). Go back to the display box and press the "Backlight" button. The display box should blink *once*.
5. Flip the scale pad over, and with a paperclip press the "Pair" button (a recessed hole located left of the power switch) until the display box blinks *twice*. After two blinks, pairing is complete for the scale pad.
6. Repeat steps 2-5 with every scale pad, until all pairing is complete.

NOTE: If the LCD display freezes during the pairing process, powering the display box on or off (or removing the battery) might be necessary to shut off the display box until all pairing is complete. Start back at Step 1 if the LCD display is turned off before the pairing process is complete.



For addition tech support, please call (586)774-2500, Monday-Friday, 9 a.m.-5 p.m. ET, or send an email to [tech@ProformParts.com](mailto:tech@ProformParts.com)